St. Elizabeth of the Trinity Parish

Holy Family Church



52 Falkland St Moncton, NB E1E 4S8 Tel: 854-6099

Holy Ghost Church



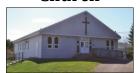
2 Church St Riverside-Albert, NB E4H 3W8 Tel: 882-1123

Immaculate Heart of Mary Church



5 Fatima Dr Riverview, NB E1B 2X8 Tel: 386-6178

St. Jude's Church



3062 Main St Salisbury, NB E4J 2L5 Tel: 372-4748

Mass Times

Mondays at 9:00 a.m. at Holy Family Church, Moncton Wednesdays at 9:00 a.m. at Immaculate Heart of Mary Church, Riverview Fridays at 2:00 p.m. at Peoples Park Tower Chapel, Moncton

Saturdays Sundays

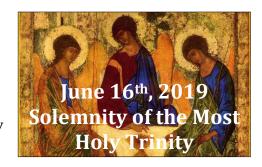
4:00 p.m. at Holy Ghost 8:30 a.m. at St. Jude's

7:00 p.m. at Holy Family 10:30 a.m. at Immaculate Heart of Mary

Private confessions at Immaculate Heart of Mary on Saturday afternoons from 1:00 – 1:30 p.m.

9:00 a.m.

10:30 a.m.



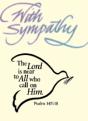


Food Basket Challenge 2019

Holy Ghost/Immaculate Heart of Mary – children's snacks such as granola bars, puddings etc. Toiletries of any kind such as shampoo, body wash, etc.

St. Jude's – Dish detergent, laundry soap and toilet paper.

Holy Family - instant rice, breakfast cereal, canned or powdered milk and juice boxes, margarine, mustard and ketchup for Nazareth House



Together, let us pray for peace and strength for all who are mourning the loss of Matilda Barbour, aunt of Mabel McKinley, Shirley Simkins and Sandra Nelson, for the Layden family, losing daughter Linda Taylor, for the Constantine family losing Pa, Stirling Constantine and for Irene Haley, losing her husband Wallace Haley. May all feel God's ever-present love and find comfort in God's peace.

We also pray to bring strength and peace to those who are sick and today we hold in prayer Heather Murphy, Kim McCormack and Joline Pitre. May all feel the love and the strength of God's peace.

Noella Cormier (Anniv) - Bob and Helena Vaughan

Colleen MacDonald - Michael and Darlene Lewis

Liturgies for the week of June $17^{th} - 23^{rd}$, 2019 **Peoples Park Tower Chapel** Friday, June 21st 2:00 p.m. Bernard Richard (Anniv) – his wife, Lauriel Richard **Holy Ghost Church** Saturday, June 22nd 4:00 p.m. Deceased members of the O'Hara family – the family **Holy Family Church** Monday, June 17th Sara Lia Loberza – Liliana Trail 9:00 a.m. Saturday, June 22nd 7:00 p.m. For the People St. Jude's Church 8:30 a.m. Billy Dwyer – Susan and Terry McMackin Sunday, June 23rd **Immaculate Heart of Mary**



Wednesday, June 19th

Sunday, June 23rd

Please note – we are sorry but there will be NO MASS on Wednesday, June 26th at Immaculate Heart of Mary, as we are hosting Vacation Bible School!



Exploring our Faith

BOAST IN SUFFERING? SERIOUSLY?

In today's second reading Paul appears to celebrate suffering: "we boast in our sufferings, knowing that suffering produces endurance, and endurance produces character ..." Working in the hospital, I come face to face with suffering on a daily basis; but I cannot recall ever meeting someone who was glad for the suffering. Occasionally, people talk about offering up the suffering; and sometimes I hear people quote today's scripture passage and comment on the fact that they already have more than enough character. But that is as far as it goes.

Suffering is not something that our society values; we normally try to eliminate it as quickly as possible. Almost all of us have at least one form of painkiller in our medicine cabinets because we do not want to endure unnecessary pain and suffering. We have an opioid addiction crisis caused in part by prescription pain medicines. And the majority of Canadians supported the law allowing for medical assistance in dying precisely because they saw no value in suffering if things were not going to get better.

It is precisely because of this visceral aversion to suffering that Paul's words offer us something that we desperately need; encouragement to turn toward suffering with compassion rather than running away from it in fear and anger. Suffering is part of the human condition. No matter how hard we try, we cannot avoid it and still be alive. All of us experience physical pain. All of us experience emotional pain; and all of us experience spiritual pain – questions of "why me?" "why this?" "why now?" or "what is the point?" If we run from the pain in fear and anger, we will find

ourselves in a constant state of fight or flight, our threat response system on overdrive. If we can learn to work with this pain, rather than fighting against it, our experience of life can change completely and even what is unpleasant can be life giving. (This is the concept that underlies the Lamaze breathing that most couples learn when they are preparing for childbirth.)

Kristen Neff, who researches and writes about the power of self-compassion, teaches people to notice when they are suffering, pause for a moment and say gently to oneself: "this is a moment of suffering. Suffering is part of being human. May I be kind to myself in this moment." The research shows that people who practice this become more resilient. In other words, as Paul promises, they "endure." They are not worn down or destroyed by their unpleasant experience, but instead they are transformed. Modern research shows they experience a greater sense of overall well-being with less anxiety and depression. Or, in the words of Saint Paul, they develop "character."

"And character produces hope." This is not the hope that is really just wishful thinking, like hope that we will win the lottery or hope that the Raptors will win the playoffs. This is not the kind of hope that is about everything turning out all right. This is a hope that, in the words of Rona Jevne, "is about life being all right no matter how everything turns out." This is a hope that cannot fail because, "God's love has been poured into our hearts through the Holy Spirit."

Boasting in suffering means embracing our own humanity. It means acknowledging and accepting that we are limited and recognizing that because of those limitations we will experience suffering. From the moment in the garden when Adam and Eve ate the fruit in an attempt to be less human and more like God, human beings have fought against being human; but it is only when in embracing our humanity that we truly open ourselves to receive the gift that God has given to humanity – the indwelling presence of the Holy Spirit.

Pam Driedger

Daily Readings (Week of June 17th – 23rd, 2019)

2 Corinthians 6:1-10 Monday Matthew 5:38-42 2 Corinthians 8:1-9 Matthew 5:43-48 **Tuesday** 2 Corinthians 9:6-11 Matthew 6:1-6, 16-18 Wednesday **Thursday** 2 Corinthians 11:1-11 Matthew 6:7-15 Friday (St. Aloysius Gonzaga) 2 Corinthians 11:18, 21-30 Matthew 6:19-23 Saturday 2 Corinthians 12:1-10 Matthew 6:24-34

Sunday

(Solemnity of the Most Holy Body Genesis 14:18-20 1 Corinthians 11:23-26 Luke 9:11-17

and Blood of Christ)



The **Pastoral Care Committee** meeting will be held at the Dan Bohan Center on Wednesday, June 19th at 2:00 p.m. (Please note the meeting location.)



TRAINING DATE CHANGE!

We are sorry, but a scheduling conflict with our trainer means that the CPR/AED (Defibrillator) Training will now take place on **Wednesday, June 19**th still at 9 a.m. at the Dan Bohan Centre.

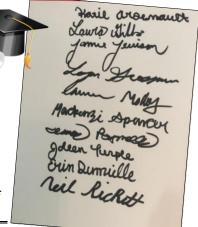


It is with great pride that we present to you St. Elizabeth of the Trinity Parish Class of 2019!

These young women and men have reached a pivotal point in their lives, looking forward to finishing high school with mixed

feelings of eagerness and trepidation. Their lives are about to change and they are making difficult and exciting decisions about their future, marking a time of maturity and all the responsibilities that come with it.

We pray that which ever direction they follow in life, they will continue to feel the unconditional loving presence of God in their lives, knowing that they can turn to God in times of pain and adversity and also in joy and celebration! We will hold a piece of them in our hearts always and wish them success and peace throughout their lives.





Looking for a Summer Project?



In Fr. Phil's homily last weekend, he suggested we might each want to take on a new summer project and start reading about the lives of the saints! But with thousands upon thousands of canonized saints, where does a person begin? Well, you might just want to borrow a book from our Cathy Kennedy Self-serve Lending Library, located in the foyer of Immaculate Heart of Mary Church! Come on out and browse **Section K – Lives of the Saints** and spend a bit of time this summer learning more about these sacred

men and women.



Please take note that the Parish Office is getting close to moving to summer hours!

The Parish Office will be closed the last Friday in June and continuing for the months of July and August, we'll be open Monday to Thursday, 9:00 a.m. to 4:00 p.m.

Parish Appreciation! Thank you for all the "thank yous". ◎

The office has received phone calls and notes, cards and personal visits, each with kind words to say about their Italian experience. We are so glad that you all seemed to have had a good time and we're only sorry that not everyone could make it. Mixed in with all the jokes, the laughter and the downright silliness, please know how grateful we are for each and every one of you!



SAVE THE DATE! October 4th and 5th, 2019

Show By Your Life: A Call to Holiness with Lori True – All happening at IMHC!

The Archdiocese of Moncton is pleased to welcome Lori True, workshop presenter, composer and performer of atturgical music, including *A Place at the Table, Let This Be the Time, There is Room for Us All.*

Workshop for Cantors - October 4th from 1 – 3 p.m.

Concert for all – October 4th from 7 – 9 p.m. (\$20 at the door) **Retreat/Workshop** for Music Ministers and Liturgy Committee members

October 5th 9 a.m. – 3 p.m. (lunch provided)

Registration is required, so please go to <u>www.setmoncton.com</u> to register and for more information. Deadline to register is September 6th.



and answer sessions. The title of her series is **'Cultivate Peace of Mind: Untangling the Knots, Clearing the Way'** and there are five remaining sessions over the course of the summer. Each session will take place from 7:00 – 9:00 p.m.

Tuesday, June 18th - Feelings are Messengers

Tuesday, July 9th - Relationships are a Mirror

Tuesday, July 16th – The Guilt Trap

Tuesday, July 30th - The Present Moment

Tuesday, Sept 10th – Forgiveness and Letting Go

Admission is free!



1350 Rte 133 Grand Barachois

Information 506-345-0887



YARD SALE! - Saturday, June 29th - 8 a.m. to 2 p.m. All taking place at 280 Whitepine Rd in Riverview!

All proceeds going to Catholic Charismatic Renewal Centre For more information, contact Roberta Brine at 386-5175 (Rain date is Monday, July 1st)



Holy Family Church



The next Local Parish Council (LPC) meeting will be held on **Tuesday, June 18**th in the MacDonald/Morrison meeting room at 7:00 p.m. If you have any items that you would like the Council to consider at this meeting, please contact a Council member and ask to have the topic placed on the agenda. Observers are always welcome at Council meetings. Minutes of meetings are posted in hardcopy at the back of the church and on-line at our website, setmoncton.com/schedules, once approved at a future scheduled Council meeting.

Immaculate Heart of Church



Card Party and Luncheon! Thank you so much to everyone who came out for a wonderful time together last Tuesday! We are truly blessed to have such a terrific team who helped put on this important IHM fundraiser and Kurt Cobb, once again, thank you for donating the delicious ham!

We couldn't DRAW up a better team and we have to HAND it to you all... supporters, volunteers and players, you all helped RAISE **over \$1000** for IHM!

Thank you everyone!

St. Jude's Church



JMA Armstrong/Salisbury Middle School is looking for a **host family** in the fall of 2019 for a Grade 10 German girl. This would be a full year placement. She would like to attend church weekly and is Catholic. She is a dancer, swimmer and baker. I am sure we have a home in our midst for her! If you have questions, or would like to learn more about her, please contact Malcolm Stewart at malcolmstewart884@yahoo.com or by calling 372-9275. Thank you.



From the Offices of Faith Development, Liturgy and Youth Faith Development

Ellen - 857- 9952 or 857-9531, ext. 1261 or <u>ellen.diocesemoncton@gmail.com</u>; Trevor - 857-4879 or 857-9531, ext. 1260 or <u>trevord.diocese@gmail.com</u> Deb at 857-9531, ext. 1262 or <u>liturgymoncton@gmail.com</u>

The Office of Faith Development will reopen August 26th, 2019.

SAVE-THE-DATE! Tending the Soil, Tending the Sower 2019, a day of formation for all catechists, takes place on Saturday, September 14th from 8:45 a.m. to 2:30 p.m. at Immaculate Heart of Mary Church. This day will be of special interest to all catechists in the diocese, especially those involved in coaching parents, RCIA, baptismal preparation, marriage preparation. Details concerning registration and sessions offered will appear in your bulletins in late August or may be found on-line at that time at http://www.diomoncton.ca/en/.



PRAYER GARDEN - Starting June 16th prayers at the Prayer Garden will be held every Sunday evening at 6:30 p.m. For more information, please contact Normand at 850-3841.

Community



ALS Walk Strong 2019 - June 22nd at Chocolate River Station!

Registration begins at 11:00 a.m. - Walk will start at 12:15 p.m.
Contact Al Kavanaugh at 389-3913 for more information.
As he has for the past 18 years, Al is walking in memory of his dear friend, Ken Lamey.
Way to go Al! All money raised goes to support those living with ALS!

Weekly Collection for all Churches

Peoples Park Tower Chapel (incl PADs)

Church Support \$330.00; Loose \$117.00 Maintenance Fund 20.00

Holy Family (incl PADs)

Church Support \$1337.00; Loose \$264.00 Maintenance Fund \$86.50

St. Jude's Church (incl PADs)

Church Support \$450.00; Loose \$56.00

Holy Ghost Church (incl PADs)

Church Support \$397.00; Loose \$5.00

Immaculate Heart of Mary Church (incl PADs)

Church Support \$5283.55; Loose \$270.00 Property Upkeep \$442.50; Youth \$76.50 Social Action \$221.50



Social Action



The righteous man walks in his integrity;

His children are blessed after him.

Proverbs 20:7