

St. Elizabeth of the Trinity Parish

Holy Family Church



52 Falkland St
Moncton, NB E1E 4S8
Tel: 854-6099

Holy Ghost Church



2 Church St
Riverside-Albert, NB E4H 3W8
Tel: 882-1123

Immaculate Heart of Mary Church



5 Fatima Dr
Riverview, NB E1B 2X8
Tel: 386-6178

St. Jude's Church



3062 Main St
Salisbury, NB E4J 2L5
Tel: 386-6178



Mass Times

Saturdays

4:00 p.m. at Holy Ghost
7:00 p.m. at Holy Family

Sundays

9:00 a.m. at St. Jude's
11:00 a.m. at Immaculate Heart of Mary

To meet with Fr. Phil, Fr. Charlie or for Confession, call to make an appointment - 386-6178



We pray to bring strength to those who are in need of prayer, including Richard (Dick) LeBlanc (brother of Marie Betts), Pat Sirois (friend of Maureen Mills), Thérèse Elward, Janet Robichaud and Christine Spykerman (sister of Siene Bos).

We also pray for those who have died, including dear Winnie Smith and also Rita Smith (beloved sister of Carm DeLong).



Liturgies for February 20th to 28th, 2021

Holy Ghost Church

Saturday, February 20th 4:00 p.m. For the People
Saturday, February 27th 4:00 p.m. Gerry Stuart - Donna and family

Holy Family Church

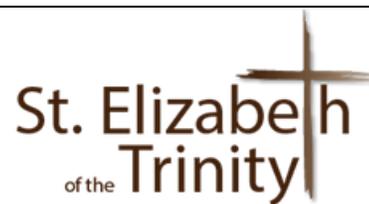
Saturday, February 20th 7:00 p.m. Bernice (Curtis) Hayes - Kathleen and Eileen Dennis
Saturday, February 27th 7:00 p.m. Joseph Whelton - Mary Kouyoumdjian

St. Jude's Church

Sunday, February 21st 9:00 a.m. Special Intentions for Christine Spykerman - Siene Bos
Sunday, February 28th 9:00 a.m. Special Intentions for Toner children and grandchildren -
Pauline Toner

Immaculate Heart of Mary

Sunday, February 21st 11:00 a.m. Bessie and Earl Walsh (Anniv) - Marion Walsh
Sunday, February 28th 11:00 a.m. Mary Lou Tregunno - Frances Kelly



Food Banks



Holy Family Church - The need is always great for personal hygiene items such as toothpaste, toothbrushes, soap, razors, toilet paper and deodorant. We could also use rice, pasta, cereal and paper towels. Thank you!

Holy Ghost and Immaculate Heart of Mary Churches - We gladly accept whatever is offered but right now, there is a need for **facial masks** (handsewn are great!), cakes of soap, toothbrushes and toothpaste. We can also use ladies' deodorant, shampoo, drinking boxes, pudding/fruit cups, baby food and diapers (larger than 14 lbs). Thank you!

Exploring Our Faith

IT'S ABOUT LOVE

This first Sunday of Lent is a time to reinvigorate ourselves as Catholics. It enables us to step back from the usual habits and distractions and give particular attention to God. It leads us to the Easter Sunday celebration of our risen Christ. It is a time for prayer (justice towards God), fasting (justice towards self) and almsgiving (justice towards neighbours).



Common practice for me when I was a child was giving up sweets, candy, trying to attend daily Mass, putting a dime every day in a Lenten folder, etc. Then years later, when I was teaching in a Catholic inner-city school, the children (who weren't used to getting candy anyway) practiced their faith in Lent by "acts": helping to look after younger siblings and trying not to fight with them, inviting others to play at recess, helping out doing chores etc. Now, as a senior, I look for ways to "do" not just to "give up". I'd like to share some rather good Lenten activities that I read about, that provoke more actual growth as a Catholic.

- ✠ Don't buy anything that you don't need.
- ✠ Throw away/ give away 40 things for 40 days.
- ✠ No gossiping.
- ✠ Work out daily to take care of the body God gave you.
- ✠ Say 3 nice things to your spouse and children daily.
- ✠ Appreciate more what I have.
- ✠ Make a list of people who have touched my life in one way or another. Each day of Lent, write a person on the list a letter of thanks for how they touched my life and pray for that person on that day.
- ✠ Give up complaining.
- ✠ Perform an act of kindness for 40 days.
- ✠ Try to improve my spirit of giving.
- ✠ Give up the radio in the car in order to focus more on the things that are around me that God created.
- ✠ Spend more time with family/friends. We cherish time. We spend to save time. We rush to save time. Yet none of us have the time we long for. So, try using our time with others.

LENT

Pray + Fast + Give

Ideas for children/young people:

- ✠ Avoid asking for toys when going to the store with mom/dad.
- ✠ Do a child-friendly chore that you don't like to do.
- ✠ Be positive and do not complain (I am bored! I don't like this or that! I don't have any toys! etc.)
- ✠ Teach a younger sibling something new and cool.
- ✠ Offer to teach a skill to a peer.
- ✠ Make a package of school supplies and bring them to your teacher to give to a needy student.
- ✠ Write a prayer for all the kids sick and hungry in the world. Read it at night.

Pope Francis has suggested:

- ✠ FAST from hurting words and say kind words.
- ✠ FAST from sadness and be filled with gratitude.
- ✠ FAST from anger and be filled with patience.
- ✠ FAST from pessimism and be filled with hope.
- ✠ FAST from worries and trust in God.
- ✠ FAST from complaints and contemplate simplicity.
- ✠ FAST from pressures and be prayerful.
- ✠ FAST from bitterness and fill your heart with joy.
- ✠ FAST from selfishness and be compassionate to others.
- ✠ FAST from grudges and be reconciled.
- ✠ FAST from words and be silent so you can listen.

If we try to practice many of these suggestions, we will grow in our relationship with God. It won't be just the usual "giving up sweets" practice but true, thoughtful practices that show that we are true followers of Christ.

Cathy Keirstead



Did You Know? The forty days Jesus spent in the desert was a time of intense focus on his relationship with God. We can follow his lead, stripping away distractions and making ourselves more available to the Father in prayer. Some people live in a desert-like state of existence all the time, due to poverty or physical or mental illness, Jesus in disguise.

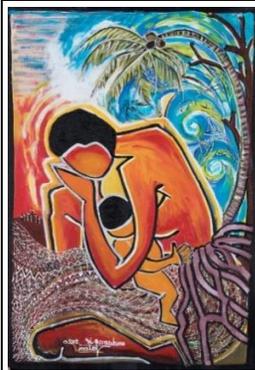
(Pg 107, Sourcebook 2021)

Daily Readings (Week of February 22nd – 28th, 2021)

<i>Monday (Chair of St. Peter)</i>	1 Peter 5:1-4	Matthew 16:13-19
<i>Tuesday</i>	Isaiah 55:10-11	Matthew 6:7-15
<i>Wednesday</i>	Jonah 3:1-10	Luke 11:29-32
<i>Thursday</i>	Esther 14:1, 3-5, 12-14	Matthew 7:7-12
<i>Friday</i>	Ezekiel 18:21-28	Matthew 5:20-26
<i>Saturday</i>	Deuteronomy 26:16-19	Matthew 5:43-48
<i>Sunday (2nd Sunday of Lent)</i>	Genesis 22:1-2, 9-13, 15-18	Romans 8:31-35, 37 Mark 9:2-10



The Word Among Us – Lenten Daily Devotions is available by calling the parish office at (386-6178). It includes daily meditations based on the Mass readings of the Catholic Church, essays of inspiration, testimonies and stories of the saints and other Christian heroes. This little publication is meant to help you as you seek to make the most out of this Lenten season. We have limited copies at the office, so please don't wait to call. If you can, we ask for \$3.00 to help offset the cost of the booklet.



**World Day of Prayer
March 5th, 2021**

The painting, by Juliette Pita, is entitled "Cyclone Pam II: 13th of March, 2015". It shows a mother bending and praying over her child. The waves crash over her but a palm tree bends protectively over them.

Please join us for the World Day of Prayer, a prayer movement that invites us to enrich our faith experience with the experience of Christians from other countries and cultures and to bring hope to women touched by injustice. Service written by the World Day of Prayer Committee of Vanuatu.

Build on a Strong Foundation

Service will be online this year and available from February 15th to March 15th at wicc.org.

- Choose "**World Day of Prayer**", then "**Service Locations**".
- Then scroll to the bottom of the page and you will see "**Women's Inter-Church Council of Canada**".
- Look to the right and you will see "**Stay Connected**"choose "**YouTube**".
- The service will only be available on the dates noted above.

If you don't have access to the internet, a DVD is available from Pam Coughlan at 386-5451.

This service is organized by Immaculate Heart of Mary Ladies Society. Donations can be made online or mailed to the address at the right.



The World Day of Prayer is coordinated by the Women's Inter-Church Council of Canada
47 Queen's Park Crescent East, Toronto, ON M5S 2C3
Tel: (416) 929-5184 Fax (416) 929-4064
Email: wicc@wicc.org; Website: www.wicc.org;
www.facebook.com/WICCanada



Please remember that if you come to the church/parish office for any reason, you must wear a mask and sign in with your contact information.



To watch the live-stream Mass, on Sunday morning go to:

- our website at www.setmoncton.com and click on the link or
- go directly to our Facebook page (Saint Elizabeth of the Trinity parish)

Immediately after Mass, the video will be uploaded to YouTube. (SET Moncton)

Mondays at the Movies (via Zoom)

Everyone is invited to join our film discussion series this Lenten season designed to connect popular films to our faith!

- **On Monday, March 8th at 6:30 p.m. we will meet via Zoom** to discuss the film, *My Sister's Keeper* (2009), based on the novel by Jodi Picoult.
- **On March 29th at 10:00 a.m. we will meet via Zoom** to discuss the film, *Forrest Gump* (1994), based on the novel by Winston Groom.

For each session, participants will have watched the film ahead of time.

Contact Karen for more information and to register at 387-7379

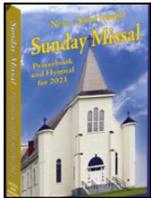
or ihmccatechism@rogers.com.

Mondays at the Movies is a collaborative effort between St. Elizabeth of the Trinity Pastoral Unit and the Archdiocese of Moncton Office of Youth Faith Development.



Holy Ghost Church

2021 Sunday Missals



Today, with COVID-19 affecting how we worship, this Missal can serve as a welcome companion to help you participate more fully in the Mass—our greatest prayer. With this little Missal, you would have the complete readings and prayers for all the Masses celebrated on the Sundays and Holydays of the Church Year.

These little Missals are \$5.00 each and while there are copies at Holy Ghost Church, we also have a couple left at the Parish Office. Please call 386-6178 if you'd like one.

The parish extends our heartfelt sympathy to families of parishioners who have passed away recently,

Stancey Beck Allister MacDonald Eunice Cail Winnie Smith

May they have eternal rest in the arms of Jesus.

Holy Family Church



The next Holy Family Local Parish Council (LPC) meeting will be held on Tuesday, February 23rd at 7:00 p.m. via Zoom.

If you have any items that you would like the Council to consider at this meeting, please contact Doug at 854-0418.

Also, Minutes of meetings are posted online at our website, www.setmoncton.com/schedules once approved at a future scheduled Council meeting.



From the Offices of Faith Development, Liturgy and Youth Faith Development

Ellen - 857- 9952 or ellen.diocesemoncton@gmail.com

Trevor - 857-4879 or trevord.diocese@gmail.com

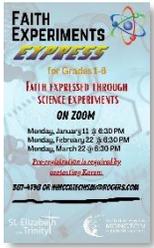


**PLEASE
NOTE..**

Catechetical Gatherings:

Until we return to Yellow Alert Level, children's catechism will be held virtually. Please arrange with your parish catechetical coordinator to have the necessary supplies for the sessions.

Faith Experiments Express (via Zoom)



Learn about faith using science experiments! Designed for young people in grades 1-6, participants will be guided step by step through various fun and simple science experiments that will help them to learn more about faith and scripture.

The next sessions will take place at 6:30 pm on February 22nd and March 22nd.

Contact Karen at 387-4198 or ihmccatechism@rogers.com to register.

Lenten reflections

The Canadian Conference of Catholic Bishops have produced a series of reflections for Ash Wednesday and the Sundays during Lent, in both English and French, which will be made available on their website each Monday during Lent. We are grateful to Bishop Gerard Bergie of the Diocese of St. Catharines and Msgr. Marcel Damphousse, Archbishop of Ottawa, for providing these reflections for us. This link will take you to the (English) reflection for Ash Wednesday: <https://www.cccb.ca/evangelization-catechesis-catholic-education/video-resources/journey-through-lent/>

Nurturing Friendship: The Directory for Catechesis in dialogue with the Encyclical Letter Fratelli Tutti

The CCCB Office for Evangelization and Catechesis will offer a four-part webinar series, beginning March 2nd, which will explore how the themes of these two documents call catechists to be people of hope who promote human dignity and communion with God by building bridges and asking, 'Who is my neighbour?' ... *it is important that catechesis and preaching speak more directly and clearly about the social meaning of existence, the fraternal dimension of spirituality, our conviction of the inalienable dignity of each person, and our reasons for loving and accepting all our brothers and sisters.* (FT 86)

Keynote speakers from across the country will draw insight from the two documents and propose concrete ways to help form communities of missionary disciples within dioceses, eparchies, parishes, and Catholic schools. The series is designed for those who have responsibility for evangelization and catechesis including, clergy, consecrated persons, laity involved in ministry, directors and coordinators of evangelization and catechesis, and Catholic educators. The webinar series is offered at no cost to participants; sessions take place on March 2, 9, 16 and 23 from 2:00 – 3:30 p.m. Please click here to access the online registration form, which will also provide information on the keynote speaker and specific topic for each session. The deadline to register is Monday, 22 February 2021. Please note that the webinar recordings will be available on the CCCB website and YouTube channel following the last session on 23 March 2021.

For more information, contact Mrs. Marg Shea-Lawrence at m.shea-lawrence@cccb.ca.

Sacrament Preparation Committee is scheduled to meet again on Thursday, March 11th at 2:00 p.m. The meeting will take place virtually if we are still in orange alert or at the Diocesan Offices on York Street if we are in yellow alert.

Immaculate Heart of Mary Church

I CAN, YOU CAN, WE CAN



40 Cans for Lent!

We are going to 'COVID-change' our Lenten Project this year so that we can still help those in need, but we want to do it safely and securely in the midst of the pandemic. So:



1. **You CAN** donate to the cause through e-transfer, collection basket (once we're back to Mass), mail in your cheque, any which way you wish, and each week we'll translate that money into 'virtual' cans!
2. **You CAN** still buy your cans while you do your grocery shopping but please keep those cans at home throughout the Lenten Season. Tuck them away, adding to your pile over the 40 days and the Knights will be 'out-and-about' at the end of March for pickup!

1st Week of Lent 'virtual count' is 17 cans!

Together, we CAN do this – and not let COVID-19 derail this much-needed Lenten project!



Knights of Columbus Council 9270 is offering 4 bursaries of \$500 each to graduates of Riverview High School who are children and/or grandchildren of fellow Knights. Applications must be received no later than **May 3rd**.



Also, do not forget about the \$800 Knights NB State Council bursary application, due by **March 1st**.

In these COVID times, please call the office and we will email these applications to you or put a copy of each form in the church mailbox for you to pick up.

Even in the COVID-craziness, you can buy Grocery Gift Cards at the parish office!



You can choose from:

- **Superstore \$50 and \$100 cards** and these can be used at all Loblaw stores including Superstore, No Frills, Independent Grocer, Save Easy, and Wholesale Club!
- **Sobeys \$50 and \$100 cards** and these can be used at Sobeys, IGA, Foodland, Lawton's and Needs Convenience Stores!

For more info, please call us at 386-6178.

Remember, your church earns money on each card purchased!



Weekly Offerings for all Churches - February 13th/14th, 2021

Holy Family & Peoples Park Tower (incl PADs)

Church Support \$1020.50 (32); Loose \$10.00
Maintenance Fund \$39.50 (3)

St. Jude's Church (incl PADs)

Church Support \$1041.00 (23); Loose \$5.00

*Thank
you*

Holy Ghost Church (incl PADs)

Church Support \$1060.00
Cemetery \$60.00; Share Lent \$20.00
New Year's \$40.00; Initial Offering \$25.00
Missals \$5.00; Fuel \$50.00
Lenten Offering \$20.00

(Thank you to everyone for making up your envelopes for the missed services these past several weeks.)

Immaculate Heart of Mary Church (incl PADs)

Church Support \$2184.50 (68); Loose \$60.00
Property Upkeep \$257.50 (7)
Youth \$5.00 (1); Social Action \$110.00 (5)