

# St. Elizabeth of the Trinity Parish

## Holy Family Church



52 Falkland St  
Moncton, NB E1E 4S8  
Tel: 854-6099

## Holy Ghost Church



2 Church St  
Riverside-Albert, NB E4H 3W8  
Tel: 882-1123

## Immaculate Heart of Mary Church



5 Fatima Dr  
Riverview, NB E1B 2X8  
Tel: 386-6178

## St. Jude's Church



3062 Main St  
Salisbury, NB E4J 2L5  
Tel: 386-6178

The St. Elizabeth of the Trinity parish grouping acknowledges that we carry out our worship and ministry on the traditional *unceded* territory of the Mi'kmaq and Wəlastəkwiyik (Maliseet) Peoples. This territory is covered by the "Treaties of Peace and Friendship" which these nations first signed with the British Crown in 1726. The treaties did not deal with surrender of lands and resources but, in fact, recognized Mi'kmaq and Wəlastəkwiyik title and established the rules for what was to be an ongoing relationship between nations.



## Mass Times

### Saturdays

4:00 p.m. at Holy Ghost  
7:00 p.m. at Holy Family

### Sundays

8:30 a.m. at St. Jude's  
10:30 a.m. at Immaculate Heart of Mary

To meet with Fr. Phil, Fr. Charlie or for Confession, call to make an appointment - 386-6178

We pray to bring strength and health to those who are sick, including Bill Stafford, Nancy Parton (sister of Mark Hanson), Joe MacFarlane, James and Audrey Campbell, Vic LeBlanc and Brandy Maillet (wife of Brian Maillet and daughter-in-law of Harvey and Donna Maillet).

We also pray for those who have died, including Dave Bradley (husband of Ginette Bradley).

24<sup>th</sup> Sunday in  
Ordinary Time

September 12<sup>th</sup>, 2021

## Liturgies for September 11<sup>th</sup> to 19<sup>th</sup>, 2021

### Holy Ghost Church

Saturday, September 11<sup>th</sup> 4:00 p.m. Rod O'Connor - the late, Mildred Fenton  
Saturday, September 18<sup>th</sup> 4:00 p.m. For the People

### Holy Family Church

Saturday, September 11<sup>th</sup> 7:00 p.m. Parents of Marie Bastarache - Marie and Cail Bastarache  
Saturday, September 18<sup>th</sup> 7:00 p.m. John Baptist Saldanha - Mary Helena Delahunt

### St. Jude's Church

Sunday, September 12<sup>th</sup> 8:30 a.m. In honour of Saint Jude for favour obtained - a parishioner  
Sunday, September 19<sup>th</sup> 8:30 a.m. Ann Marie Crosby - Ted Riordan

### Immaculate Heart of Mary

Sunday, September 12<sup>th</sup> 10:30 a.m. For the People  
Wednesday, September 15<sup>th</sup> 9:00 a.m. Joseph Chisholm (Anniv) - Claire Chisholm  
Sunday, September 19<sup>th</sup> 10:30 a.m. Jim Hendriks (Anniv) - Bob and Helen Vaughan &

Jim and Sylvia Young

St. Elizabeth  
of the Trinity

# Exploring Our Faith

## FAITH IS ACTION (THE WORLD WILL BELIEVE BASED ON WHAT WE DO)

In today's Second Reading, James teaches that faith must be demonstrated in one's works. "What good is it, if you say you have faith, but do not have works? If a brother or sister is without clothing and lacks daily food and one of you says to them, 'Go in peace; keep warm and eat your fill' and yet you do not supply their bodily needs, what is the good of that? So, faith by itself, if it has no works, is dead. Show me your faith apart from your works, and I, by my works, will show you my faith."

James puts a special emphasis on the fact that our faith cannot be empty or shallow. We must put our faith into action if it is to mean anything at all. We could substitute the term "positive actions" for good works. The more positive actions we perform, the more we remain in friendship with God. The challenge is to look for opportunities to put faith into action, and to take them when they come. There are simple, practical examples of how we can put these "good deeds" into practice:

- Smile. Be kind.
- Use your manners.
- As suggested by Mother Teresa, *if you want to bring happiness to the whole world, go home and love your family.*
- Help a friend in need.
- Think of something you do well and use your talent to benefit others, like reading to or playing games with a senior at a retirement home or playing music at a nursing home.
- Offer to cook or clean for the family of someone who has recently given birth.
- Plant a vegetable garden and donate the vegetables to a food kitchen.
- Take food to a new neighbour.
- Take part in a literacy program to help children or adults learn to read.
- Make a double batch of something delicious and freezable and give it to an older neighbour who doesn't cook for himself or herself as much anymore.
- Praise a colleague's good work or compliment prompt service at a fast-food restaurant.
- Treat a friend to dinner.
- Find unneeded items in your house and donate them to a charitable organization.
- Add yourself to a bone marrow registry.
- Donate blood.



- Volunteer at an organization of your choice, like breakfast program at a local school, food bank.
- Do something as simple as holding the door open for a stranger or allow a fellow driver to merge into your lane.
- Try not to let a day go by that you do not do something for someone else.
- Ask, "What did I DO to my family today? What did I do FOR my family today? If we remembered that every person is part of our family in a metaphorical sense, perhaps we would treat people with more patience, kindness, and thoughtfulness.

The Second Reading triggered some rather personal thoughts for me. I question when someone says "Well, so-and-so isn't going to Mass anymore so isn't a practising Catholic. I challenge that because I have a sister who "left the Church" years ago. She married a non-Catholic and didn't have someone to go to Church

with, so soon lost the habit of attending Mass. Some would say she's not Catholic anymore and I disagree. If you met her, you'd soon see that SHE is the true Catholic. She babysits for the young couple across the street where she lives and doesn't ask for payment. She wants them to get out together for some time

needed together. She volunteers at the Hospice in her city and is active in raising money to fund this beautiful "end of life" facility. She helps in activities at a home where dementia residents live. She is the first to bring food to someone who has been laid up; the first to offer help when needed. She accompanied a young friend to her chemo treatments and was there for her as a support system. She belongs to a group that gives money to schools for lunch programs and the school's book fairs so that all children can buy their own books to keep. My sister is kind, gentle and unerringly authentic, who gives of her time freely and asks nothing in return. She is the epitome of a true Catholic. Her faith is active in her works every day of her life. I'm sure you all know someone like my sister. Let us not be judgmental of his/her Catholicism.

In conclusion, let us pray that we respond to the person and message of Jesus, not by words as James says in the second reading, but by ATTITUDES and ACTIONS that reflect the radical vision of Catholic life, that put FAITH into ACTION.

*Cathy Keirstead*



## Let Us Love One Another A Three-Part Journey of Reconciliation

The recent, and continuing, uncovering of the horrific treatment of some of our Indigenous brothers and sisters at Residential Schools has left many of us struggling to deal with all the emotions that this has evoked. Feelings of anger, disillusion, and uncertainty as to how to move forward as a church are among many things we are trying to sort out. With this in mind, we are offering three evenings of prayer and discernment where people can come together and come to God to find a path forward.

The three themes of these gatherings will be Reconciliation, Healing, and Remembrance and Promise, and the dates are as follows:

**Wednesday, September 29<sup>th</sup>**

**Wednesday, October 20<sup>th</sup>**

**Wednesday, November 24<sup>th</sup>**



These will take place at **Holy Family Church** in Moncton and will begin at 7 o'clock each night. All are welcome.

Please note that we are not here to speak on anyone's behalf, but rather, to acknowledge that something went terribly wrong; to discern our part in it, and to voice our public concern in prayer.

### *Daily Readings (Week of September 13<sup>th</sup> – 19<sup>th</sup>, 2021)*

<i>Monday (St. John Chrysostom)</i>	1 Timothy 2:1-7	Luke 7:1-10
<i>Tuesday (The Exaltation of the Holy Cross)</i>	Numbers 21:4-9	John 3:13-17
<i>Wednesday (Our Lady of Sorrows)</i>	Hebrews 5:7-9	Luke 2:33-35
<i>Thursday (St. Cornelius &amp; St. Cyprian)</i>	1 Timothy 4:12-16	Luke 7:36-50
<i>Friday</i>	1 Timothy 6:2-12	Luke 8:1-3
<i>Saturday</i>	1 Timothy 6:13-16	Luke 8:4-15
<i>Sunday (25<sup>th</sup> Sunday in OT)</i>	Wisdom 2:12, 17-20	James 3:16-4:3 Mark 9:30-37

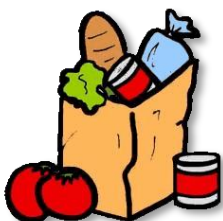


### The Everyday Grace of Weekday Mass

**Holy Family Church will resume celebrating Mass on Monday mornings at 9:00 a.m. beginning, September 20<sup>th</sup>.**

**Please note that due to the Federal Election, you must enter through the church doors and not the Hall. Thank you!**

### Food Banks



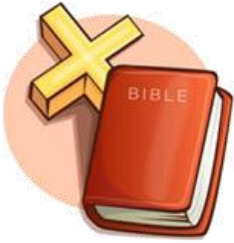
**Holy Family Church** - The need is always great for items such as toothpaste, toothbrushes, soap, razors, toilet paper and deodorant. Also, rice, pasta, cereal and paper towels.

**Holy Ghost and Immaculate Heart of Mary** - We gladly accept whatever is offered but right now, there is a need for ladies' deodorant, cakes of soap, toothbrushes and shampoo.

**St. Jude's** - Thank you so much for whatever you can give to the Salisbury Helping Hands Food Bank and right now we could certainly use Mr. Noodles, sugar, corn niblets, canned salmon, pancake syrup, jam, cereal (all kinds) and there's also a need for dish soap and laundry detergent. So appreciated!



## RCIA - Rite of Christian Initiation of Adults



When people asked Jesus about His way of life, He told them to “**come and see**” (John 1:38-39). He taught these followers His way of life through stories, teachings, questions, and experiences. He gave them opportunities to commit themselves to Him more deeply until they could say with St. Paul, “the life I live now is not my own; Christ lives in me” (Galatians 2:20). The early Church followed Jesus’ example, inviting inquirers to “**come and see**”, teaching them and leading them through stages of commitment to a new life in Christ. This is RCIA, the process of initiation used by Jesus and by the early Church, adapted to meet today’s needs.

**RCIA** stands for “**Rite of Christian Initiation of Adults**”. RCIA requires a modest commitment in time, but we think you will find the process a lot easier than you might expect. In addition, we have found that everyone who becomes involved, young or old, finds it to be a wonderful experience.

### An invitation is extended to...

- those who are **unbaptized**, adults and children, ages 7 and up
- those **baptized** in the Catholic Church, but have not received the sacraments of Eucharist and/or Confirmation
- those **baptized** in another Christian Church, who have had little to no faith development and are interested in learning more about the Catholic Church

We generally meet every two weeks on **Sunday** evenings from **6:30-8:00 p.m.** for sharing, teaching, and questions. RCIA helps a person become acquainted with the liturgical life of the church and the faith community before making a commitment to the Church. You are welcome to join us at any time throughout the year. **To find out more, just contact the parish office at 386-6178.**

## Season of Creation 2021 (September 1<sup>st</sup> – October 3<sup>rd</sup>)

### A home for all? Renewing the *Oikos* of God

*(Oikos is the Greek word for home or household.)*



Faith gives us trust that God's Spirit is constantly renewing the face of the Earth and so, as children of God, we are all asked to till and keep God's Garden!

During this Season of Creation, we would love to know, of all that God created, what is most important to you? In this beautiful garden, our common home, for what are you the most grateful and why does this touch your heart?

Sometime between now and then end of September, write your thoughts down on a piece of paper and drop it in the collection basket at church, or, if easier, send in an email to the office.

We would love to know, what is most important to you?



### Did You Know?

In our longing to be nearer to our Lord, we are called to exercise humility. When the faithful are humble, they will be exalted and when the faithful are prideful, they will be humbled. Our lives are meant to be built on that which is important to God, not that which is important to human beings.

**Catechism**  
**Registration for ALL YEAR LEVELS**  
**Catechism 2021-22 will begin the week of September 13<sup>th</sup>**



Year 1 formal catechism in our St. Elizabeth of the Trinity Parish Grouping begins for all children who will be six years old before December 31<sup>st</sup> of this year. We use a “Parent Coaching Model” where parents/guardians and child come to catechism and sit at a table together. A Coaching Catechist leads the parents through each session so that the parent is, in fact, the Catechist for the child!

A central principle of the Parent Coaching Model is that we cannot succeed in faith formation with children unless their parents and guardians are also deeply engaged with the process, so you will find:

- ◆ Catechism sessions are 75-90 minutes in length and take place once every two weeks.
- ◆ You will accompany your child to each session where you will journey alongside them, as together you grow in faith. (We understand that families lead busy lives. If you are unable to attend with your child, they may be accompanied by another adult, such as a grandparent, an aunt or uncle, or a close family friend.)
- ◆ Children will be separated into two groupings: one grouping for **Years 1, 2 and 3** and another grouping for **Years 4, 5 and 6**. If you have more than one child registered in the same grouping, (for example a child in Year 1 and another in Year 3) you can all attend the same session together!
- ◆ Children in **Year 7** (Confirmation year) will be in their own grouping.

We have had great success with this program and know that it is opening doors for parents to be able to talk more comfortably about their faith and beliefs with their child. Many parents have commented on how this catechism program is renewing and deepening their own faith as they journey with their child. Awesome!

There are 2 ways to register, and payment is required at time of registration. Catechism fees are \$30 per child or \$50 per family. You can:

1. Register online on our website [www.setmoncton.com/registration](http://www.setmoncton.com/registration) and make payment through e-transfer to the email [ihmc.set@gmail.com](mailto:ihmc.set@gmail.com) and indicate **Catechism fees** in the comment box.
2. Come into the church and register. The office hours are 9:00 a.m. until 4:00 p.m. - Monday to Friday.



**ATTENTION PARENTS OF CHILDREN IN YEARS 1, 2, 3**

**Catechism will begin on Tuesday September 14<sup>th</sup> or Wednesday September 15<sup>th</sup>,  
depending on which day you chose. Gatherings begin at 6:30 p.m.**  
**Please remember to bring your pencil case with a pencil, pencil crayons, scissors, etc...**



**Harvest House** is a charity that we, as a faith community, have supported many times in the past. They are always appreciative and do great work with what little they have. Recently, one of our parishioners who volunteers there, has made us aware of the challenges they are facing when it comes to feeding those who come to them for help. Harvest House feeds between 45 and 50 people, three meals a day, and on a budget of \$1000 per month. If you have been to a grocery store lately, you will know that this would be next to impossible.

They are in need of cereal, pancake mix, table syrup, luncheon meats and even ground beef. If you can help, please bring these items to the church during business hours. We will make sure the things that need to be kept cold are refrigerated until they can be delivered. If you prefer, you can donate through your envelope by indicating on the front what amount you would like donated to Harvest House. You can also make monetary donations at the office, and we will make sure they are forwarded.

Thank you in advance for your generosity.

*and they'll know we are Christians...*

## Knights of Columbus



### COATS FOR KIDS (September 12<sup>th</sup> to October 29<sup>th</sup>)

**Coats for Kids** is a joint project between the Knights of Columbus Council 9270 and our parish grouping's Social Action Committee, where we work together to buy new winter coats in bulk and then donate them to Moncton Headstart!

Through the generosity of our parishioners, we are able to help keep many little children warm and bundled up for the winter!

These are the ways that you can be part of the 'Coats for Kids' effort!

- Place your donation in the collection basket in an envelope marked 'COATS'. To make sure you get your income tax receipt, be sure to include your name and/or envelope number.
- Drop by the parish office!



**Gently used children's coats can be brought to the parish office or call Ray at 866-4195 for pick-up. Thank you!**

## A Special Journey

Is your spiritual life in need of renewal?  
Are you ready to embark on a spiritual journey?  
Look no further: we have the perfect experience for you!

You are cordially invited to attend a 7 - week  
journey beginning September 27<sup>th</sup>.

Where? Holy Family Church, 52 Falkland Drive, Moncton

When? 7 - 9 p.m.

This is a life-changing experience that will increase your faith, bring joy to your heart, and fill you with a new understanding of the Holy Spirit and His role in your life.

This experience is enhanced with music, praise, scripture, and friendship. Do plan on embarking on this faith - filling journey with us.

Cost: \$15.00

Contact: Donna Belliveau 386-2072

Roberta Brine 386-5175

## Holy Family, St. Jude's and Immaculate Heart of Mary Churches



Please note that the Church Hall associated with these churches will be used by Elections Canada from:

September 10<sup>th</sup> - 13<sup>th</sup> for the Advanced Polls

September 20<sup>th</sup> for Election Day

It is very important, on each of those days, that you enter through the church doors (and not the Hall). All access to the Church Hall (bathrooms included) is to be avoided.

Thank you for your understanding and remember, get out to vote!



## From the Office of Evangelization and Catechesis

Ellen - 857- 9952 or [ellen.diocesemoncton@gmail.com](mailto:ellen.diocesemoncton@gmail.com)

Trevor - 857-4879 or [trevord.diocese@gmail.com](mailto:trevord.diocese@gmail.com)

### Tending the Soil, Tending the Sower, 2021

Join us on Saturday, September 18<sup>th</sup> for the annual catechist formation day. We begin the day at 8:30 a.m. at Immaculate Heart of Mary Church and will conclude at 1:50 p.m. Snacks, tea and coffee will be provided. Registration deadline is September 15<sup>th</sup>. This is a day of particular interest to all those who are involved in the ministry of the catechist: with your parish's children's catechetical program, marriage or baptismal preparation, RCIA, etc.

Three separate sessions take place:

*Faithful Voices: Conversations with Canadian Youth*, facilitated by Trevor Drosbeck

*Listening: Preparing, Attending, Hearing*, facilitated by Claudette Derdaele

*Accompanying Families: Wisdom from the New Directory for Catechesis*, facilitated by Margot McAloon-Parker, Director and Fredericton Region Youth Faith Formation, Diocese of Saint John.

Register online at <http://www.diocesemoncton.ca/en/formation-opportunities> or by contacting Ellen, Trevor or your parish catechetical coordinator, Karen.

Given that NB is in green level alert, the wearing of masks is optional, although we ask those not yet vaccinated to please wear them.

**Participation in this day of formation is critical for all those who will be catechist coaches or helpers with children's catechesis.**

**TENDING THE SOIL,  
TENDING THE SOWER**  
Catechist Formation 2021  
Saturday, September 18<sup>th</sup>  
8:30 am - 2:00 pm  
Immaculate Heart of Mary Church, Riverview

**TREVOR DROESBECK**  
ARCHDIOCESE OF MONCTON  
FAITHFUL VOICES:  
CONVERSATIONS WITH CANADIAN YOUTH

**CLAUDETTE DERDAELE**  
LISTENING:  
PREPARING, ATTENDING, HEARING

**MARGOT MCALOON-PARKER**  
DIOCESE OF SAINT JOHN  
ACCOMPANYING FAMILIES:  
WISDOM FROM THE NEW DIRECTORY  
FOR CATECHESIS.

Register with Ellen Bennett at 857-9952  
or email [ellen.diocesemoncton@gmail.com](mailto:ellen.diocesemoncton@gmail.com) or online at:  
[www.diocesemoncton.ca](http://www.diocesemoncton.ca) > Pastoral Offices > Children's Catechesis > Formation Opportunities

ARCHDIOCESE OF MONCTON  
Office for Evangelization and Catechesis

### Upcoming Meetings

**Adult Faith Commission:** Tuesday, September 14<sup>th</sup> at 6:30 p.m.

**Sacrament Preparation Committee:** Thursday, September 16<sup>th</sup> at 2:30 p.m.

Meetings will take place at the Diocesan Offices on York Street. Please use the Dominion Street entrance. The use of masks is not mandatory and will be left to the discretion of the person.



### Mondays @ The Movies

Join us for our film discussion series designed to help us connect our faith to the films we watch.

Our next two discussions will take place at 10:30 a.m. (via Zoom) on:  
**September 27<sup>th</sup> (*To Kill A Mockingbird*) and October 18<sup>th</sup> (*The Village*)**

For more information or to register,  
contact Karen at 387-4198 or Trevor at 857-4879.



### Holy Ghost Church

Thank  
You

Thank you to everyone for their continued support of the parish by making up your envelope contribution upon return.

Much appreciated!

## Holy Family Church



### Local Parish Council (LPC) elections will be held in the Fall 2021!

Your LPC is a leadership group – a group where Fr. Phil and fellow parishioners work together to consider the needs of the whole parish and to ensure that all parishioners are included in parish life! If you, or anyone you know, wants to serve, please let us know.

We want you to be part of the future of our Parish!



Once again, Holy Family Church will be collecting **School Supplies** to help the less fortunate and we invite anyone who would like to donate, to do so!

A box has been placed at the back of Holy Family Church and supplies will be delivered to the schools in September!

**All types of school supplies are welcome and especially pencils and duotangs! Thank you everyone!**

## Immaculate Heart of Mary Church

Note  
Date!

**EXTRA! EXTRA! READ ALL ABOUT IT!**

On **September 28th**, we will be hosting our very first **Card Party of 2021!**

Donations gratefully accepted and these could be cucumbers, tomatoes, lettuce, or maybe a dessert (homemade only, please). Thank you!

Please note that the new cost will be \$12.

So, be sure to join us and mark these dates on your calendar!

**In 2021 - September 28<sup>th</sup> and November 9<sup>th</sup>**

**In 2022 - January 11<sup>th</sup> and April 19<sup>th</sup>**

**To book a table, please call Shirley at 387-7122**



Protocols which will be in place to address COVID safety. All workers will wear masks and use gloves, sanitizer will be used, food will be covered with plastic wrap, no buffet style for desserts and tables will be socially distanced.

## Weekly Offerings for all Churches – September 4<sup>th</sup>/5<sup>th</sup>, 2021

**Holy Family & Peoples Park Tower (incl PADs)**  
Church Support 2307.50 (43); Loose \$55.00  
Maintenance Fund \$147.50 (4)

**St. Jude's Church (incl PADs)**  
Church Support \$439.00 (16); Loose \$60.00

**Holy Ghost Church (incl PADs)**  
Church Support \$590.00; Loose \$45.00

**Immaculate Heart of Mary Church (incl PADs)**  
Church Support \$6604.00 (142); Loose \$48.00  
Property Upkeep \$375.00 (11)  
Youth \$20.00 (2); Social Action \$179.00 (13)

*Thank You*





# Season of Creation 2021

**A HOME FOR ALL,  
RENEWING THE OIKOS\* OF GOD**



**SEPTEMBER**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>CREATION CARE CALENDAR</b>						
<p>Reduce your ecological footprint by following the tips here in this calendar format. Sharing hashtags # on your social media will encourage others as well</p>			<p>World Day of Prayer for the Care of Creation</p> <p>Ps 145:9 <b>1</b></p>	<p>Be mindful and avoid single use plastic</p> <p>#reduceplastic <b>2</b></p>	<p>Learn about growing food, join a community garden</p> <p>#growyourown <b>3</b></p>	<p>Be mindful of your water consumption</p> <p>#savewater <b>4</b></p>
<b>COMPASSION - CHARITY</b>						
<p><i>"For it is in giving that we receive".</i></p> <p>Francis of Assisi <b>5</b></p>	<p>Donate unwanted furniture to a women's shelter</p> <p>#helpingothers <b>6</b></p>	<p>Hang wet laundry outside to dry</p> <p>#clotheslines <b>7</b></p>	<p>Turn off car if idle for more than 30 seconds</p> <p>#engineoff <b>8</b></p>	<p>Donate unwanted clothes to a donation center</p> <p>#cleanoutclosets <b>9</b></p>	<p>Host a friend for a local produce meal</p> <p>#friendtherapy <b>10</b></p>	<p>Grow a row in your garden to donate to a food bank</p> <p>#growarow <b>11</b></p>
<b>DIGNITY - EQUALITY</b>						
<p><i>"You show your faith by your actions"</i></p> <p>James 2:18 <b>12</b></p>	<p>Buying FairTrade enables farmers a fair price for their crops</p> <p>#equalpayday <b>13</b></p>	<p>Learn about faith advocacy groups in your area</p> <p>#faithinaction <b>14</b></p>	<p>Make your voice heard by writing a letter to your member of parliament</p> <p>#democracyday <b>15</b></p>	<p>Try to reduce your household greenhouse gas emissions</p> <p>#ozonelayerday <b>16</b></p>	<p>Form a GreenFaith circle and join the multi-faith climate movement</p> <p>#faiths4climate <b>17</b></p>	<p>Divest from fossil fuels, and invest in climate solutions</p> <p>#fossilfueldivestment <b>18</b></p>
<b>RECONCILIATION - PEACE</b>						
<p><i>"Who welcomes a child welcomes me"</i></p> <p>Mark 9:37 <b>19</b></p>	<p>Organize a clean up event in your area</p> <p>#cleanupday <b>20</b></p>	<p>Reduce your meat consumption</p> <p>#peaceday <b>21</b></p>	<p>Walk or ride a bike</p> <p>#carfreeday <b>22</b></p>	<p>Mix vinegar and water to make natural cleaning agents</p> <p>#naturalcleaning <b>23</b></p>	<p>Support local bike repair co-ops</p> <p>#supportlocal <b>24</b></p>	<p>Buy from companies with eco-friendly practices</p> <p>#buyecofriendly <b>25</b></p>
<b>PRIVILEGE - INFLUENCE</b>						
<p><i>"May we shout like prophets!"</i></p> <p>Numbers 11:29 <b>26</b></p>	<p>Shop in second hand clothes stores</p> <p>#ethicalfashion <b>27</b></p>	<p>Buy only what you need</p> <p>#simpleliving <b>28</b></p>	<p>Chose second grade produce</p> <p>#foodlossawarenessday <b>29</b></p>	<p>Shop farmers markets to support local farms</p> <p>#localfarmersmarket <b>30</b></p>	<p><b>CONSERVATION/ PROTECTION</b> Learn about your local habitats. #getinnature <b>October 1st</b></p>	<p>Saint Francis of Assisi Day</p> <p>Patron Saint of Ecologists; deepen your fellowship with all God's creatures. <b>4</b></p>