St. Elizabeth of the Trinity Parish Grouping May 26 <sup>th</sup> , 2024 The Solemnity of the most Holy Trinity									
Holy Family	Holy Ghost	Immaculate Heart	St. Jude's						
Church	Church	of Mary Church	Church						
52 Falkland St Moncton, NB E1E 4S8 Tel: 506- 854-6099 Saturdays at 7 p.m.	2 Church St Riverside-Albert, NB E4H 3W8 Tel: 506- 882-1123 Saturdays at 4 p.m.	5 Fatima Dr Riverview, NB E1B 2X8 Tel: 506- 386-6178 Sundays at 10:30 a.m. Wednesday at 9:30 a.m.	3062 Main St Salisbury, NB E4J 2L5 Tel: 506- 386-6178 Sundays at 8:30 a.m.						
	Summer Mass Sch	-							
8:30 a.m	. at St Jude's and 10:30 a.r	n. at Immaculate Heart of	Mary						
Wəlastəkwiyik title a Welcome t	id not deal with surrender of land established the rules for who our parish grouping! If y	hat was to be an ongoing relati ou are new to any of our cl	onship between nations. hurches,						
please reach out to th	e parish office to find out		ork of our parishes!						
	Staff Dir	ectory							
-	rish office is open Mon	•	-						
Priest Moderator Pastoral Associate Parish Secretary Director of Catechetics Business Manager <b>To n</b>	Mark Mahoney markmal Debbie Brideau debbiebi Karen LeBlanc catechisi	honey.set@gmail.com (5 rideau.set@gmail.com (5 m.set@gmail.com (5 rcoux.set@gmail.com (5	06) 386-6178 ext 106 06) 386-6178 ext 101 06) 386-6178 ext 103 06) 387-4198 ext 105 06) 386-6178 ext 102 <b>Ce.</b>						
	We pray for the s	ick, and those who are av	vaiting or						
In Our Thoughts and Prayers	<b>and those</b> Megan Kelly, Morgan Frank Quinn, Michael I <b>For</b>	surgery, those receiving t needing strength includi LaPlante, Kevin Mahoney, Edwards, Demetrio Mea an those who have died, ho mourn the loss of a lo	<b>ng</b> , Mike Meade, d Harry Sarris.						
	matter our circumstances, ling to Jesus and hold on t		A Street 7						

	I	aily I	Readings May	27 <sup>th</sup> -J1	une 2 <sup>nd</sup> 2024			
Monday		1 Peter 1.3-9			Mark 10.17-27			
Tuesday		1 Peter 1.10-16			Mark 10.28-31			
Wednesday		1 Peter 1.18-25			Mark 10.32-45			
Thursday		1 Peter 2.2-5,9-12			Mark 10.46-52			
Friday		Zephaniah 3.14-18			Luke 1.39-56			
Saturday		Jude 17-25			Mark 11.27-33			
Sunday (The Solemnity of the most Holy Body and Blood of Christ)		Exodus 24.3-8			Hebrews 9.11-15	Mark 14.12-16,22-26		
	Upc	oming	Liturgies Ma	y 29 <sup>th</sup> -	- June 2 <sup>nd</sup> 2024			
Wed, May 29 <sup>th</sup>	Immaculate Heart		9:30 a.m.		Ireen Glazer – Lisette Robinson			
Fri, May 31 <sup>st</sup>	People's Park Tower		2:00 p.m.	Hawle	y Savoie (son of Irene Haley)- Phyllis Gallant			
Sat, June 1 <sup>st</sup>	Holy Ghost		4:00 p.m.		Otto & Violet O'Hara – O'Hara Family			
Sat, June 1 <sup>st</sup>	Holy Family		7:00 p.m.		Bill Morano – Sheila Morano			
Sun, June 2 <sup>nd</sup>	St. Jude		8:30 a.m.		Bob Lamb - Mary & Girls			
Sun, June 2 <sup>nd</sup>	Immaculate Heart		10:30 a.m.		For the People			
MARK YOUR CALENDAR Are you interested in joining a parish activity? Or seeking a faith formation time? Please see below for a list of upcoming meetings and events								
DATE	LOCATION	St Elizabolh						
Mon May 27 <sup>th</sup>	Holy Family	Prayer Group- Meets at 7:00pm St. Elizabelh						
Tues May 28 <sup>th</sup>	Dan Bohan	Pra	<b>yer Shawl</b> – Mee	Prayer Group- Meets at 7:00pm Prayer Shawl – Meet at 10:30				
		IHM Ladies Society- Pot Luck supper starts at 6:00pm (eat at 6:30pm)						
Tues June 11 <sup>th</sup>	Dan Bohan	IHN	A Ladies Society-			00pm (eat at 6:30pm)		
Tues June 11 <sup>th</sup> Tues June 11 <sup>th</sup>	Dan Bohan Holy Family			Pot Luc	k supper starts at 6:	00pm (eat at 6:30pm) er City by law officer)		
,		Sen		Pot Lucl ing at 10	k supper starts at 6:			
Tues June 11 <sup>th</sup> Wed June 12 <sup>th</sup> Thurs June 13 <sup>th</sup>	Holy Family Dan Bohan Saint Jude	Sen KO Ger	<b>tiors Club</b> – Meet C- Meeting at 7:00	Pot Lucl ing at 10 )pm	k supper starts at 6:	er City by law officer)		
Tues June 11 <sup>th</sup> Wed June 12 <sup>th</sup> Thurs June 13 <sup>th</sup> <i>St. Elizabet</i>	Holy Family Dan Bohan Saint Jude <b>h of the Tr</b> a	Sen KO Ger	<b>iors Club –</b> Meet C- Meeting at 7:00 neral Parish Mee	Pot Lucl ing at 10 )pm <b>ting-</b> Me	k supper starts at 6: :00am (Guest Speak et at St. Jude church	at 6:30		
Tues June 11 <sup>th</sup> Wed June 12 <sup>th</sup> Thurs June 13 <sup>th</sup> St. Elizabeth Men	Holy Family Dan Bohan Saint Jude <b>h of the Tr</b> <b>norial &amp; Spec</b> These gifts can	Sen KO Ger Eníty Eal Gift be mad rt of M S Joh	tiors Club – Meet C- Meeting at 7:00 Meral Parish Mee s are a special way e in memory of a la During the month fary Church, donat tella Lipton By A n Lockwood* By	Pot Lucl ing at 10 pm ting- Me to give to ved one, i of May ions were l & Bridg Al & Bridg	k supper starts at 6: :00am (Guest Speak et at St. Jude church to the life and works or to honour a living <b>2024,</b> e made to the church get Daly dget Daly	a at 6:30 of the church. person.		
Tues June 11 <sup>th</sup> Wed June 12 <sup>th</sup> Thurs June 13 <sup>th</sup> <b>St. Elizabeth</b> Men	Holy Family Dan Bohan Saint Jude <b>h of the Tr</b> <b>norial &amp; Spec</b> These gifts can <b>Immaculate Hea</b>	Sen KO Ger Eníty Eal Gift. be mad rt of M S Joh Alb	tiors Club – Meet C- Meeting at 7:00 Deral Parish Mee s are a special way e in memory of a la During the month fary Church, donat tella Lipton By A n Lockwood* By fert McEachern By	Pot Lucl ing at 10 pm ting- Me to give to ved one, of May ions were l & Bridg Al & Bridg Mertha	k supper starts at 6: :00am (Guest Speak et at St. Jude church to the life and works or to honour a living <b>2024,</b> e made to the church get Daly dget Daly	in memory of		

At St. Jude's Church, a donation was made to the church in memory of

Vic Bray By Carolyn Babineau

At Holy Family Church, a donation was made to the church in memory of our dear mothers, Jean (Mann) Ryan & Elsie (Furlotte) Furlong By Dale & Jean Ryan



**The Grad Mass is scheduled for Sunday, June 9<sup>th</sup>** at the 10:30am mass at Immaculate Heart of Mary Church. If you are graduating this year and would like to be included, please email the catechism office at <u>catechism.set@gmail.com</u> or call (506)387-4198. We would love to celebrate with you!



#### Daily Rosary and Eucharistic Adoration:

To honour the month of Mary, Queen of all Saints, the Most Holy Rosary of the Blessed Virgin Mary will be said daily Monday to Friday throughout May at 6:30 PM at St. Augustine's Church. Following each rosary, will be a period of Eucharistic Adoration. Hail Holy Queen, Mother of Mercy, Intercede for us!

## Holy Famíly Church



### Cleanup!! IT'S THAT TIME OF YEAR! Holy Family Spring Clean up Saturday, June 1<sup>st</sup> from 9am to 12pm



We need you (people of all ages and families) to help clean up! Please plan to come and join us!

We will be cleaning up the parking lots, trimming the trees,

and picking up the litter and getting rid of clutter. If you have any tools, please bring them.



Holy Family Seniors Club is meeting on Tuesday, June 11 at 10 a.m. (note the change in meeting time) The guest speaker will be a by-law officer from the City of Moncton who will explain the new parking meters and how to use them. All welcome to attend!



### **Attention High School Graduates**

If you are a parishioner at Holy Family, are graduating this year and are planning to pursue post-secondary education, Holy Family is offering **(two \$475 bursaries)**. If you are interested, please send a letter to the Parish Council with your name, contact information (email, mailing address) which high school you attend, your post-secondary plans and what church means to you. Applications must be submitted **by end of day Friday, June 14**<sup>th</sup>.

# St. Jude Church



Please join *Mary Lamb* and her family in celebrating her **80th birthday** at an open house on **Saturday, June 8th,** anytime **between 4 pm and 8 pm**. It will be in the **lounge of the Lions Villa (79 Horsman, Salisbury)**. No gifts required, only best wishes!

# Parish General Meeting – Saint Jude's



**Save the date!** The recent pastoral letter from the Archbishop and members of the diocesan finance committee has prompted several questions. It has also forced us to examine our path forward as a faith community. With this in mind, we will be having a **Parish General Meeting on Thursday, June 13**<sup>th</sup> **at 6:30 p.m.** in the main church at Saint Jude's. Staff members along with Fr. Phil will be there along with what we hope will be a good turnout from our

community. If you are reading this and know of anyone who is connected to Saint Jude's but has not been there recently, please reach out and invite them to attend. As we prepare to come together, we do so, knowing that the Spirit will guide us in our actions.

# Immaculate Heart of Mary Church



**This Wednesday, May 29<sup>th</sup> will be our last prayer day for the pastoral year**. We will begin again in September. Please know that you are welcome to come and pray anytime the office is open.



The card party scheduled for June 4<sup>th</sup> is cancelled! We will look at having another one in the fall.

# Sharing God's Gifts

*Immaculate Heart of Mary Church* Loose \$250.00, Church Support \$5,191.00 (126), Property Upkeep \$485.50 (19), Youth Support \$16.00 (3), Social Action \$126.00 (8) *St. Jude's Parísh* Loose\$107.00, Church Support \$510.00 *People's Park Tower Chapel* Loose \$27.00, Church Support, \$630.00 (15) Maintenance Fund \$5.00 (1) *Holy Ghost Church* Loose \$20.00, Envelopes \$713.00, Indigenous \$20.00 *Holy Famíly Church* Loose \$204.00, Church Support \$2,822.00 (50) Maintenance Fund \$113.00 (11)



### The Westmorland-Albert-Kent Chapter of the Irish Canadian Cultural Association of N.B.

We are pleased to offer the *\$500 Dan & Marie McGee Medical Science Bursary* to a student entering, or attending, a post-secondary study in the medical field. Deadline for application is June 28th, 2024. We are pleased to offer **5 bursaries**, valued at **\$200.00** each, to a student entering or attending post-secondary studies. Deadline for application is June 28<sup>th</sup>, 2024.

Please include a personal letter detailing your future plans and send via mail to The Irish Association, P.O. Box 26022, Moncton, N.B. E1E 4H9 or by email to watchdog@nb.sympatico.ca

### True to his word! Al said he would be back !

Al Kavanaugh is a parishioner from IHM and each year, he gives of his time and energy to two worthy causes!



WEALTH MANAGEMENT WALK FOR ALZHEIMER'S On **Sunday, May 26<sup>th</sup>**, Al will be joining hundreds of New Brunswicker's to rally around those living with dementia in this province by participating in the **IG Wealth Management Walk for Alzheimer's.** 



On **Saturday**, **June 15<sup>th</sup>**, Al will join others across Canada and participate in the **ALS Walk Strong** fundraiser for Lou Gehrig's disease (ALS), in honour of his dear friend, **Ken Lamey**.

Al wants to do everything in his power to bring awareness and hope to those living with these diseases, and he would be grateful if you would join him with a donation to **either** of these organizations. You can reach Al by email at <u>kavanaughal@gmail.com</u> or phone at 506-389-3913. Thank you for your caring and support!

# Following our Faith

Today is the feast of the Holy Trinity, the feast that marks one of the most unique beliefs of Christian faith, separating Christianity from other world religions. We believe in one God in three persons. We believe in a God who is defined by relationship. 1 John states that "God is love." God is Father, Son and Holy Spirit and the perfect love that unites them in such a way that nothing is done by one person of the Trinity that is not equally shared by the others.



In today's Gospel, Jesus' disciples are instructed to go and baptize "in the name of the father and of the son and of the Holy Spirit." The Catholic Church only recognizes baptisms that use these three names for the persons of the Trinity. Some denominations use the words " Creator, Redeemer and Sustainer" in place of Father, Son and Spirit but the Catholic Church does not consider that to be a valid baptism because Father, Son and Spirit all create, all redeem, and all sustain. Furthermore, when we are baptized, we are not simply acknowledging the gift of our creation and receiving the blessings of redemption and ongoing sanctification, as amazing as those gifts are! When we are baptized, we are welcomed into the relationship that is the Trinity. As the gospel of John 14:20 says:

"on that day you will know that I am in the Father, and you are in me and I am in you.

Today's gospel also includes the statement: "they worshipped but they doubted. When I am struggling with doubt, when I am wondering why God allows people to do some of the horrific things that they do, it is my understanding of the Trinity that helps me maintain my belief and my hope. The Father, Son and Spirit are one because the love between them is perfect. The scriptures make it clear that Jesus had the option to turn away from the Father, but he chose to remain faithful, to maintain the absolute love that he shared with the Father and the Spirit from the beginning. This perfect love did not prevent pain, suffering or evil but it did prevent pain, suffering and evil from having the final word. In our baptism we were welcomed into the relationship of the Trinity. At every point in time, we have the option to turn away, but we also always have the option to open our hearts and dwell in the perfect love that casts out all fear because it knows that love, and not suffering is what will endure.

People often ask me how I can bear all of the sadness of the palliative care unit. The reality is that the palliative care unit is one of the places where a person has a chance to see the amazing power of love and to witness the human capacity to share in the perfect love of the Trinity. When families and friends gather at the bedside of someone who is dying and tell the family stories, the limitations of time and space sometimes seem to fall away and all that remains is love. It is love that binds the Trinity. It is love into which we are baptized. And it is love that is stronger than death. The Feast of the Holy Trinity invites us to once again choose love.

Pam Dríedger



# **April Winners!**

April 4<sup>th</sup> – No winner (money rolls over) April 11<sup>th</sup> – No winner (money rolls over) April 18<sup>th</sup> - \$219 – Anne Dowe April 25<sup>th</sup> - \$71 – Joanne Jones

# **May Winners!**

May 2<sup>nd</sup> – No winner (money rolls over) May 9th - \$147 - Carolyn Gibbs May 16<sup>th</sup> - No winner (money rolls over) May 23<sup>rd</sup> - Not yet drawn at time of bulletin printing

Want to support the good work of the Knights? Go to the parish website, www.setmoncton.com and click on the red Knights button!



ARCHDIOCESE OF MONCTON Office for Evangelization and Catechesis Trevor Droesbeck - 857-4879 or <u>trevord.diocese@gmail.com</u> Karen LeBlanc - 387-4198 or <u>karen.diocese@gmail.com</u>

# JOB OPENING

#### **Roman Catholic Archbishop of Moncton**

**Chartered Professional Accountant Moncton, New Brunswick** 

The Archdiocese of Moncton is seeking an individual with accounting experience and financial acumen. The individual will be responsible for managing the organization's

financial records and reports.

Qualified candidates are asked to submit their curriculum vitae, along with a cover letter, to the Roman Catholic Archbishop of Moncton by e-mail at **Operationdiomoncton@gmail.com** with "Accountant - RCAM" in the subject line, **no later than 5 p.m. on June 13, 2024.** 

For the complete job posting, please contact Annette LeBlanc at 506-857-9531 or annettel.diocese@gmail.com



**THEOLOGY ON TAP** Our next Theology on Tap event will take place on Tuesday, June 11<sup>th</sup> at 6:30 PM at Mai Asian Restaurant (1909 Mountain Road). Our guest speaker will be Fr. Phil Mulligan who will give a presentation entitled *In the Beginning...There was Grace*. Please register with Karen at 387-4198 or <u>karen.diocese@gmail.com</u>. To register online visit <u>www.diocesemoncton.ca</u>  $\rightarrow$  Pastoral Offices  $\rightarrow$  Adult Faith  $\rightarrow$  Formation Opportunities and then click on the Theology on Tap poster.

SCUBA: Diving into Friendship with God! This year's VBS (for ages 3 up to the end of sixth grade) is scheduled to take place June 24<sup>th</sup>, 25<sup>th</sup>, 26<sup>th</sup>, and 27<sup>th</sup> from 8:30 am – 12:00 pm. Please note we have extended our program by one day since the final day of classes has been changed to June 21st. Our VBS will take place at Immaculate Heart of Mary church in Riverview and spaces are filling up fast so please register early. A \$20 refundable deposit will be required. Contact Karen at 387-4198 or karen.diocese@gmail.com to register or online at www.diocesemoncton.ca  $\rightarrow$  Pastoral Offices  $\rightarrow$  Youth Faith Development  $\rightarrow$  Vacation Bible School.



**MONDAY** @ **THE MOVIES** Our next Monday @ The Movies will be on June 17th at 2:00 PM when we will discuss the 1994 Australian film Muriel's Wedding. Monday @ The Movies is a film discussion group which meets monthly on Zoom to discuss faith themes in popular films. Contact Karen LeBlanc at 387-4198 or email <u>karen.diocese@gmail.com</u>

**Upcoming Meetings :** 

May 30th, 2024 – 10:30 AM @ IHM - Diocesan Pastoral Care Committee Meeting June 5th, 2024 – 7:00 PM @ IHM – Adult Faith Commission June 9th, 2024 – 12:00 PM @ IHM – Vacation Bible School Team Meeting.

## **EXCITING NEW PROJECT!**

As I mentioned at the end of Mass two Sundays ago, we will be moving forward with an important project here at Immaculate Heart of Mary Church. It involves the installation of two large video screens with the accompanying projectors, soundboard, and laptop computer. I believe these additions will have farreaching, positive implications for both the way we celebrate liturgy and beyond. Ever since I became your pastor, 17 years ago, there is hardly a week that goes by where I don't catch myself saying, "I wish we had screens to enhance this, that, or the other thing." For the past two years, on and off, the pastoral council has been discussing the same thing. We weren't always in a position, financially, to do much about our musings. Many of you recall how, 12 or so years ago, we raised over \$900, 000 for repairs and renovations to our church building. Your generosity and commitment made that happen. This is a different project than that was. Yet, likewise, it will serve us well into the future. I see three areas where this audio-visual equipment will be valuable.



**For our liturgy and parish community**. Our Catholic liturgy (Mass and all public prayer) is a sung liturgy. Without singing we have a mass; with singing we have the potential for a celebration. With the addition of video screens we can project the lyrics of the hymns in large print where everyone can see them. We can also do away with repurchasing song books (the green C.B.W. III books) at over \$30 each, as well as eliminate the updating of our own parish hymnals. Plus, the church would look tidier. Not only songs but pre-Mass announcements can be reinforced on the screens, which is especially helpful for visual learners and the hard of hearing. Projecting an image can also help with homilies. The goal is

not to turn our liturgies into a sound and light show as that would be just entertainment. The goal is to enhance our experience of prayer.

For children and youth. Our annual Vacation Bible School could definitely use the new audio-



visual equipment in numerous ways. V.B.S. is very interactive with images, songs, dancing, and lots of energy. Children learn and interact much better when we appeal to all their senses and not just talk at them. Apart from V.B.S. our weekly catechetical program could also benefit greatly from video screens. Our catechists regularly use images and a variety of social media to teach children our faith. Our Confirmation retreats could profit greatly with this new technology. If we want to not only survive—but to grow we must move with modern ways that people appropriate their faith. What a wonderful tool these video screens could be, especially for our youth.



**For the broader community**. Outside of liturgy and youth ministry, there are a myriad of ways video screens can help the broader community. I am thinking of prayer groups that meet, workshops, retreats, parish missions. I'm thinking of our November 11<sup>th</sup> gathering which is open to the public. We also have an annual celebration on All Souls' Day where we honour those who died during the past year. Wouldn't it be wonderful to have their images projected "larger than life" in our worship space! Or, how about our annual recognition of those celebrating a significant wedding anniversary. Or,the pictures of our newly baptized. There are countless possibilities here.

Video screens are not the "be-all-and-end-all" to what makes a community gel together. However, it is a tool that can help us become more and more a place of hospitality ("I belong here") and spirituality ("I'm growing in my faith here").

This project will cost about \$55, 000. However, through the generosity of the religious order, Les Filles de Jésus, we have the first \$20, 000 paid for. THANK YOU SO MUCH, SISTERS! The rest is for us to take ownership. I am confident that we can raise the rest by various means (direct contributions, fundraising, etc.). Two individuals have already come forward, each with a \$500 contribution.

The parish staff, the pastoral council, and the finance committee all strive to be good stewards of your hard-earned money. I realize how expensive it is to put food on the table, to keep a roof over your head, to gas the car up, and to put clothes on your back. I appreciate every dollar that comes into the church. I hope you can get behind this project as a community. Every individual contribution, big or small, is not only significant but also benefits the entire community. We have a wonderful community here at Immaculate Heart. Let's keep growing together.

### Fr. Phíl

P.S. Apart from fundraising, you can make a direct contribution in an envelope clearly marked "Video screens". Or, you can contact Anne Marcoux, our office manager (506-386-6178) for other arrangements.

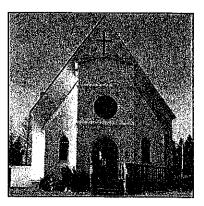
St. Elizabeth of the Trinity Parish Grouping

### Holy Ghost Church

2 Church Street, Riverside-Albert, NB E4H 3W8

May 2024

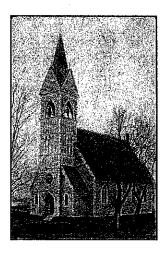
Dear Parishioners and friends of Holy Ghost Catholic Church



"My physical body may be less efficient and less beautiful in old age. But God has given me an enormous compensation: my mind is richer; my soul is broader, and my wisdom is all a peak" quote from Robert Muller. We are using this reference as a way of looking at our special church, Holy Ghost. The church building is breaking down, but the spirit and faith of the community keeps this beautiful Church a powerful example of a resource for faith and a place to practice our faith. And like our bodies that need hip replacements, knee surgeries or even a special case to store all our daily meds, Holy Ghost needs some repairs. We need to <u>replace the ROOF</u> as it has aged and can no longer protect the interior that has been a part of our faith community for so many years – 116 years actually.

We have been holding some fundraisers: \$300. Gift card event and monthly 50/50 draws but we need your help. Many of you are busy and would prefer not to bother people by selling tickets on a draw and the days of hosting a turkey dinner are limited due to higher prices and fewer workers. We are seeking your assistance, no matter how much, by remitting a donation to the Church Roof Building Fund. In doing so, you will receive a Tax-refundable receipt (which is most welcome at tax time).

Attendance at Mass has declined due to people moving into Riverview/Moncton and due to involvement with children's activities on Saturdays as well as your own busy life, but you are still valued members at Holy Ghost Catholic Church. You are part of the History of this beautiful small church and if you can help the Building Committee with any donation, it would be greatly appreciated.



Any questions re how to donate, etc please contact:

Monica Rossiter – 506-882-2615 or merossiter@hotmail.com

Jim Campbell – 506-381-2424 or papajim156@gmail.com

Dan McSheffery – dm.mcsheffery@gmail.com

Teresa O'Hara – 506-874-6123 or teresa.ohara@ambulancenb.ca

The parish mailing address:

Holy Ghost Church: 2 Church Street, Riverside-Albert, NB E4H 3W8

With sincere thanks from the parish community and Father Phil Mulligan, we in advance thank you for your consideration in a financial assistance to this project.



In the name of God.

### The Most Reverend Guy Desrochers, C.Ss.R. Archbishop of Moncton

Whereas in March 2020 the Archbishop of Moncton, Mgr Vienneau, dispensed with the obligation to Sunday Mass in light of the coronavirus pandemic for the safety of the faithful and the common good.

Whereas public restrictions have now long been lifted for public gatherings, including public worship;

Therefore, in gratitude for the decrease of the danger to public health caused by the coronavirus and for the good of souls, I hereby restore the Sunday obligation for Catholics starting on Saturday, June 1, 2024, Feast of *The Most Holy Body and Blood of Christ*, in accordance with Canon 1245 of the Code of Canon Law.

As has always been the case, anyone with a "serious reason" or "grave cause" is excused from this obligation. Such reasons include:

- anyone who is sick, symptomatic or recently exposed to the coronavirus;
- anyone with serious health risk factors that requires them to avoid public spaces;
- anyone who cares for someone who is sick;
- anyone who cannot attend Mass through no fault of their own because of frailty or old age.

Furthermore, the faithful who wish to receive holy communion on the tongue can now officially renew with this practice that is canonically accepted by the Church of Rome.

As well, all churches of our Archdiocese can now renew with the practice of giving the faithful holy communion to both species, if they wish, remembering that no one is authorized to dip his own host into the Chalice, except the priests and deacons. According to Church laws, all must drink directly from the Chalice to avoid getting drops of the precious blood of Jesus on the ground.

May the trials of the late pandemic lead us to a renewed faith in Christ's real Presence in the Holy Eucharist, a renewal of Sunday as a family day of prayer and rest, and cultivate within our souls a desire that sees our obligation as the greatest privilege of our faith.

Given at Moncton, New Brunswick, on this 20<sup>th</sup> day of May, in the year of our Lord, two thousand and twenty-four.



+ Juy Desrochers, Con.

+ Guy Desrochers, C.Ss.R. Archbishop of Moncton