

# LUMINOUS MYSTERIES

## Journey into the miracles of the living world

*Everything is interconnected. Time and space are not independent of one another, and not even atoms or subatomic particles can be considered in isolation. Just as the different aspects of the planet – physical, chemical and biological – are interrelated, so too, living species are part of a network which we will never fully explore and understand. LS138*

*The entire material universe speaks of God's love, his boundless affection for us. Soil, water, mountains: everything is, as it were, a caress of God. LS84*

### **1st Luminous Mystery - THE BAPTISM OF JESUS**

“And behold, the heavens opened, and he saw the Spirit of God descending like a dove and coming upon him. And from heaven a voice said, 'This is my beloved Son, in whom I am well pleased.’” (Matthew 3, 16-17)

**Praise be to you, Eternal One,** through our brother, Wind,  
By the air in our atmosphere,  
By the oxygen that gives us life and breath.

**Praise be to you** for the Breath that hovered over chaos from the very beginning.

**Forgive** us for the damage done to the air we breathe:

Visible and invisible pollution, toxic emissions, the degradation of the atmosphere, our fragile protective mantle, and climate change that threatens life on Earth. Forgive our complicity in these offenses against your Creation.

**Mary**, conceived without sin, through your intercession, may the Breath purify our atmosphere and our thoughts. May the Spirit received at baptism enlighten us and inspire our thoughts, words and deeds.

## **OUR FATHER...**

### **(Hail Mary... 10X)**

Hail Mary, full of grace,

The Lord is with you.

Blessed are you among women

**And blessed is Jesus, who opens us to the breath of the Spirit.**

Holy Mary, Mother of God

Pray for us sinners

Now and at the hour of our death, AMEN

### **Glory to You, Source of all Being, Eternal Word and Holy Spirit**

As it was in the beginning, is now, and ever shall be,

World without end. AMEN

## **2nd Luminous Mystery - THE WEDDING AT CANA**

“His mother said to the servants: *Do whatever he tells you.* Now, there were six stone jars standing there, meant for the ritual purifications of the Jews: each held two to three measures (that's about a hundred liters). Jesus said to the servants, *Fill the jars with water.*” (John, 2, 5-7)

It is you, Mary, who gives the signal for the beginning of the ministry of your son Jesus, and as with everything in life, it begins with water.

## **WATER, LIFE**

**Praised be you, Eternal One,** by our sister, Water and her wondrous abilities, source and support of all life, cradle of your love for Creation.

**Forgive** us for the harm done to this water so precious and sacred, yet which we never stop to try to control, degrade and poison, without realizing that we are poisoning ourselves. Forgive our complicity in these offenses against your Creation.

**Mary,** fountain of compassion, through your intercession, may the Spirit purify and regenerate our water, and heal our bodies and souls.

### **OUR FATHER...**

**(Hail Mary... 10X)**

Hail Mary, full of grace,

The Lord is you.

Blessed are you among women

**And blessed is Jesus, who turns our water into wine.**

Holy Mary, Mother of God

Pray for us sinners

Now and at the hour of our death, AMEN

**Glory to You, Source of all Being, Eternal Word and Holy Spirit**

As it was in the beginning, is now, and ever shall be,

World without end. AMEN

### **3rd Luminous Mystery - PROCLAIMING THE GOOD NEWS**

“I have come to bring fire to the earth, and how I wish it were blazing already!”  
(Luke 12:49).

“Having said this, Jesus spat on the ground, made a paste with the spittle and put it over the eyes of the blind man.” (John 9:6)

Mary, filled as you are by the fire of the Spirit, Jesus calls us to a conversion of how we see the world; this begins with a return to the earth that heals and cures.

### **NOURISHING EARTH AND ENERGIZING FIRE**

**Praise be to you, Eternal One**, through our sister, Mother Earth, who carries us, and sustains us, with nourishing soil where our humanity and humility take root. Praise be to you, too, for our brother, Fire who, like your love, enlightens, warms and awakens us.

**Forgive** us for the assault and mistreatment of our Mother Earth, the plundering of her heart, the poisoning of her flesh, soils rendered infertile, ancient resources squandered...

**Forgive** our gluttonous energy consumption that consumes irreplaceable resources. Forgive our complicity in these offenses against your Creation.

**Mary**, abounding life, through your intercession, renew the richness of our soil and our hearts. Help us to anchor ourselves in the humility of regenerating organic soil, and may the fire of the Spirit set us ablaze and guide us towards thoughtful, sustainable energy management.

## **OUR FATHER...**

### **(Hail Mary... 10X)**

Hail Mary, full of grace,

The Lord is with you.

Blessed are you among women

**And blessed is Jesus, who comes to convert, heal and enrich us.**

Holy Mary, Mother of God

Pray for us sinners

Now and at the hour of our death, AMEN

### **Glory to You, Source of all Being, Eternal Word and Holy Spirit**

As it was in the beginning, is now, and ever shall be,

World without end. AMEN

## **4th Luminous Mystery - THE TRANSFIGURATION**

“Six days later, Jesus took Peter, James and his brother John with him, and led them up a high mountain. There in their presence he was transfigured.”

(Matthew 17, 1-2)

## **LANDSCAPES AND PLANTS**

**Praise be to you, Eternal One,** for the beauties of nature that reflect your glory: mountains and valleys, trees, plants and flowers, all living plants, which we discover, live in solidarity, cooperation, are intimately connected and always produce “zero waste”.

**Forgive** our lack of respect for the landscapes. Forgive our disregard for the plant world, which we often tame, disfigure and destroy, without empathy or wisdom. Forgive our complicity in these offenses against your Creation.

**Mary**, Immaculate Lily of the Most Holy Trinity, help us to connect and reconcile with the plant world. Open our eyes and our minds to its teachings.

**OUR FATHER...**

**(Hail Mary... 10X)**

Hail Mary, full of grace,  
The Lord is with you.  
Blessed are you among women  
**And blessed is Jesus the Christ, Tree of Life.**

Holy Mary, Mother of God  
Pray for us sinners  
Now and at the hour of our death, AMEN

**Glory to You, Source of all Being, Eternal Word and Holy Spirit**  
As it was in the beginning, is now, and ever shall be,  
World without end. AMEN

## **5th Luminous Mystery - THE INSTITUTION OF THE EUCHARIST**

“This is my blood, the blood of the covenant, shed for many”. (Mark 14:24)

“Like a lamb led to the slaughter, like a sheep that is dumb before the shearers, never opening its mouth.” (Isaiah 53:7)

With you, Mary, we contemplate Jesus, who announces the total gift of himself, the ultimate sacrifice, the one who renders all others forever useless. He becomes food to satisfy us with love, until the end of time.

## **THE ANIMAL WORLD**

**Praise be to you, Eternal One,** for the planet's magnificent wildlife. Whether wild or domesticated, they are an integral part of your loving plan, and they, too, have much to teach us about “being in the world”.

**Forgive** our hypocrisy towards our animal brothers, often reduced to units of production or consumption, mistreated and slaughtered for our comfort, in food, clothing or cosmetics. Forgive us for all the species that are becoming extinct because of these offenses against your Creation.

**Mary,** Mother of tenderness, thank you for opening our hearts to the suffering of the “non-human others”, and awaken our intelligence to ways of respectful coexistence.

## **OUR FATHER...**

**(Hail Mary... 10X)**

Hail Mary, full of grace,  
The Lord is with you.

Blessed are you among women

**And blessed is Jesus, the Lamb of God who became food for us.**

Holy Mary, Mother of God

Pray for us sinners

Now and at the hour of our death, AMEN

**Glory to You, Source of all Being, Eternal Word and Holy Spirit**

As it was in the beginning, is now, and ever shall be,

World without end. AMEN