

To pray the rosary, you can follow these steps:

1. Make the sign of the cross on the crucifix
2. Pray the Apostles' Creed
3. Pray the Our Father on the next large bead
4. Pray three Hail Mary's on the following three small beads
5. Pray the Glory Be on the chain
6. Meditate on the first mystery and pray the Our Father on the large bead
7. Repeat steps 6-8 for each of the remaining mysteries
8. Pray A PRAYER OF ECOLOGICAL CONSECRATION TO MARY as the final prayer